Children and Young Person's Sexual Violence Advisers –

Safe Link

#### What is a CYPSVA?

A CYPSVA stands for a 'Children and Young Person's Sexual Violence Adviser'. This means that they support anyone who is under 18 who has experienced sexual violence and will work with you to help you get the support you need.



## A CYPSVA's support can include:

- Independent advice and guidance around the police process whether you have reported or not.
- Help to access counselling, sexual health and other support services.
- Contacting your GP, employer, school or college and police officer (if you would like them to).
- Supporting you around the court process if needed; the staff at Safe Link are not counsellors or medical professionals, however, they do work in partnership with agencies that can offer you this support should you need it.
- Listening to your needs and supporting you to consider your options and to think about your future. You are not on your own.

Call the Safe Link team for support on

0333 323 1543

or text **07714 290 011** 

Mon to Fri 8.30am to 5.30pm or Sat 9.30am to 1.00pm You can also email the team:

# Safe.Link@safelinksupport.co.uk

Website:

https://safelinksupport.co.uk/contact-us/

### **Confidentiality**

You may have heard this word before. What it means is that what you tell your CYPSVA stays between you and them. That means it is confidential.

Advisers are here for you and want you to feel safe. However, they do not only want you to feel safe, they also want you to be safe. Your health and wellbeing, and the health of wellbeing of others around you, is a top priority.

This means that if you tell your CYPSVA something that may mean you are at risk from being hurt, they may have to share that information with other professionals. It also means that if you say something that means someone else may be unsafe,

they may have to also share this information.

Safe Link have to do what the law says and share information to protect you and others if they need to. Your adviser will talk through this with you. Independent Sexual Violence Advisers (ISVAs) play an important role in providing specialist tailored support to victims and survivors of sexual violence. An ISVA is an adviser who works with people who have experienced rape and sexual assault, irrespective of whether they have reported to the police. The nature of the support that an ISVA provides will vary from case to case and will depend on the needs of the individual and their particular circumstances.'

– Home office.

Help is also available 24 hours a day, 7 days a week on the national sexual violence helpline – Freephone 0808 500 2222

# How does support work?

CYPSVAs can meet you at school, in a café, out for a walk or at their office.

How you meet your adviser is up to you!

Support is available over the phone, text and WhatsApp.

#### **Feedback**

'Thank you for always believing in me, giving me strength, reminding me I wasn't alone and generally being such a solid pillar of support.'

'When I was up on the stand I just reminded myself you were behind me – it gave me courage. I owe you so much – thank you for everything.'

