

Social Worker – a person to work with you and your family to keep you safe. You will meet this person every few months to talk about what's going on in your life. they might visit you at home.

Danger- a word to describe harm or risk of harm. For example you could say 'My dog is missing, it could be in danger'.

Conference – This is another word for a meeting. A group of people meeting together to talk about something. For example, you might go to a conference where people will talk about how to keep you safe.

Form - Something that you might write on. For example you might be asked to write on a form and describe things that you like. You can always have help writing a form.

Chair or chairperson – you will see them at a conference or meeting. They will lead the meeting and make sure that everyone gets to speak if they want to. They also make decisions about what happens next

Protection - A word to describe how to stay safe or help someone to be safe. For example you wear a helmet to ride your bike for your protection. Some decisions made will be about how to protect you from harm

Safeguarding – This word is about safety. It is used to describe how to protect someone to live safely. It is also about how to stop any harm happening in the future.

Professional – This is a word that describes someone who is trained and qualified at what they do. Professionals might include teachers, doctors, social workers and more.

Review – A meeting to look at how something is going. For example you might review a film and talk about what you liked and what you didn't like. A review meeting will be a talking about what is going well in your life and how to keep you safe.

Harm - This is a word that means to cause hurt. It might be used to describe something that has happened or could happen that could make you feel hurt, sad, or scared.

Help – To do something to support someone or something. For expression you could help someone carry a heavy bag or someone could help you learn to read and write.

Risk - This is the chance that something might happen. For example if someone is 'at risk of harm' then it might mean that there is a chance that they could get hurt.

Support - To help something or someone. For example you might support somebody by listening to them and helping them with things. Advocate – This is a professional person that will support you to talk about things that are important to you. They can go with you to meetings, listen to you and help you talk about what you want to

Goal – This is something that you and your family may work towards to achieve. It might be something that people have decided they would like to see happen in the future.



