

# North Somerset Family Wellbeing Team



Supporting families to manage and reduce parental conflict in North Somerset

## Online Reconnecting Relationships Training

Please see below the dates for the online training sessions for Reconnecting Relationships. During the training we will be focussing on:

- Why this is such an important area of work
- The impact ongoing, unresolved or acute conflict can have on children and young people
- How to talk about this with parents
- Support and resources available.

To book onto the training, please contact Abi Steven, on [abi.steven@n-somerset.gov.uk](mailto:abi.steven@n-somerset.gov.uk) and you will receive the link.

Weds 17 <sup>th</sup> April – 3:30-5
Thurs 13 <sup>th</sup> June 9:30-11
Weds 14 <sup>th</sup> Aug 11-12:30
Tues 22 <sup>nd</sup> Oct 4-5:30
Weds 4 <sup>th</sup> Dec 9:30-11

