

North Somerset Family Wellbeing Team



Supporting families to manage and reduce parental conflict in North Somerset

Reconnecting Relationships Supervision Sessions

Have you been supporting families where conflict between adults is sometimes intense and poorly resolved? Is there a family that you'd like to support but aren't sure where to start? Perhaps you have used the Reconnecting Relationships toolkit, and it has worked well for a family, or you have a specific question about this work. During a recent RPC Champions meeting, it was shared that having an outlet to share some of the questions about engaging in Reconnecting Relationships work could be very useful, and the sessions have been planned in response to this.

The sessions are online, please see times and dates below.

Tues 28 th May 11-12:30
Thurs 18 th July 3:30-5
Tues 12 th Sept 2-3:30
Thurs 14 th Nov 10-11:30

Supervision is an opportunity to discuss specific issues relating to Reconnecting Relationships and will be available as a drop-in session for anyone who is engaging in this work with families and would like to talk something through. If you are attending a supervision session, please do come with a specific question, so that we can talk it through and work together to come up with a response that fits your question. An example of a question could be 'I am having conversations with one parent about their separation, but I rarely see the other parent. How could I start to engage them in Reconnecting Relationships work?'

When you come along to a session, please do be prepared to share ideas that have worked for you, that peer support is extremely valuable. If you would like to attend, please email abi.steven@n-somerset.gov.uk for the link to the next session.

We hope to you there!

